

تَوْشَا ءِ آخِرَةِ

# TAUSHA-E-AAKHIRAT

PROVISIONS FOR THE AFTERLIFE

& Other Beneficial Duas & Practices



‘This world is a field of the hereafter’- Hadith

Today in this world there is action and no reckoning,  
but tomorrow in hereafter there will be reckoning

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

اَللّٰهُمَّ صَلِّ عَلٰی سَيِّدِنَا مُحَمَّدٍ  
وَعَلٰی اٰلِ سَيِّدِنَا مُحَمَّدٍ وَبَارِكْ وَسَلِّمْ

Assalamu Alaykum! Dear Readers. This booklet, Tausha-e-Aakhirat is the work Molvi Aiyub Etalwi of Madrasah Falahi Darain, Tadkeshwar, India. In it are precious gems from the Qur-aan and Hadith which indeed are 'Provisions for the Afterlife.' We have also added other beneficial duas and Wazifa's that can be recited daily for the benefit of ones deeni and worldly affairs and needs. Please remember the author, publishers and compilers of this work in your Duas.

**For the Ethaale Thawaab of Rasulallah ﷺ  
Mahmood Mahomed, the Mahomed and  
Kolia families and all of the Ummah till  
Qiyamah**

**TAUSHAA -E- AAKHIRAT  
PROVISION FOR THE AFTERLIFE**

Typeset and Published by

**Aliya Publications**

**011 8523661 / 083 290 8417**

**email: [aliyapublications@gmail.com](mailto:aliyapublications@gmail.com)**

**Available in South Africa from:**

**081 464 5228**

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

اَللّٰهُمَّ صَلِّ عَلٰی سَيِّدِنَا مُحَمَّدٍ وَعَلٰی اٰلِ سَيِّدِنَا

مُحَمَّدٍ وَبَارِكْ وَسَلِّمْ

A NOBLE HADITH:— The Holy Prophet ﷺ has said: Man has no right over anything save three things : A house to live in; a cloth to hide the nakedness of the body; and plain bread and water. That is, Allah ﷻ will not question man regarding these three things but he will be certainly asked about other things he might have used in the world and actions will be demanded in return for those things. Hence the man who had used fewer things in the world would be in a favourable position and even less actions might be the cause of his salvation, as has been said in another hadith: “He who is content with a little livelihood, Allah ﷻ will be satisfied with him for his little quantity of actions.” Reading the above-mentioned hadiths, let us all just ponder over ourselves as to how we are deriving benefit

from and enjoying the innumerable bounties of Allah ﷻ and how many and what kind of actions we are offering in return for these bounties and Allah forbid: if we are overtaken by death in this condition, how we will be able to show our faces to Allah ﷻ. The few good deeds that we have done will come to naught when compared to the millions of divine bounties, leaving the slave alone to account for his sins. Hence it is necessary for us that we constantly accumulate many more good deeds as the Divine bounties of Allah ﷻ are bestowed upon us at every moment and at every instant and we should not be lacking in doing as many good deeds as we can and we should not think much of the great quantity of the rewards. For instance, if we receive two million good deeds for one recitation and many more than this for another, we should not think that we have earned a lot. On the contrary we should think that these are nothing compared to the countless Divine bounties and hence we should remember Allah ﷻ by doing dhikr as much as possible and earn as many good deeds as we can, for we do not know when these precious breaths wherewith one can attain to Paradise and Divine

Pleasure may cease, suddenly depriving us of reciting Subhaana-Allah even once.

To make these breaths precious and advantageous and to enrich our lives, I give below whatever I have gleaned from religious books and request you to keep this valuable booklet of recitations before your eyes in your living rooms so that you may be able to recite them daily without lapse and continue to earn the wealth of the hereafter as well as Divine Pleasure.

## **Recite the following Tasbeehs regularly morning and evening:**

### ***First Tasbeeh for Seeking Pardon***

If recited thrice daily, Allah Most High will pardon all sins even if they exceed in quantity the foams of an ocean.

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ  
الْحَيُّ الْقَيُّومُ، وَأَتُوبُ إِلَيْهِ

*Astaghfirullaahal 'Azeemal ladhee laa ilaaha*

*illaa huwal Hayyyul Qayyoomu wa atoobu ilayh*

I seek the forgiveness of Allah the Mighty, He besides whom none is worthy of worship, the Living, The Self Subsisting

### **Second Tasbeeh of the Third Kalima**

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ  
وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ  
الْعَلِيِّ الْعَظِيمِ

*Subhanallaahi wal hamdulillaahi wa laa ilaaha illallaahu wallaahu akbar, walaa hawla walaa quwwata illaa billaahil 'Aliyil Azeem.*

Pure is Allah, and all praises are for Allah and there is none worthy of worship except Allah. And Allah is the Greatest, and (there is) no power and no strength except from Allah, the Most High, the Most Great.

On reciting this tasbeeh, the angels in the skies invoke divine pardon and forgiveness for the

reciter and sins are cast off just as the trees cast off their leaves in the winter. By reciting it once one gets one hundred thousand good deeds, one hundred thousand evil deeds are wiped out (from his records) and one hundred thousand ranks are elevated.

### ***Third Tasbeeh of the Durood Shareef***

Variant wordings have been reported for Durood but the most superior among them is the one we recite in our salaah. About Durood the Holy Prophet ﷺ has said : “He who sends durood on me once. Allah Most High fulfils one hundred of his needs—seventy of the hereafter and thirty of the world”. It appears in another hadith : “Your sending durood to me decreases your sins even as the sprinkling of water decreases the intensity of the fire”. Besides these three tasbeeh’s, there is another very rewarding Durood/Dua for the Holy Prophet ﷺ. He who recites this once, 70 angels will keep writing good deeds for him for a thousand years. Hence, when we make so many invocations for ourselves, we should also make this short invocation for the Beloved Prophet of the Lord of the Worlds too,



جَزَى اللَّهُ عَنَّا مُحَمَّدًا مَا هُوَ أَهْلُهُ

*Jazallahu 'anna Muhammadan maa huwa  
ahluhu*

May Allah reward Muhammad on our behalf,  
a reward that is befitting as he deserves it.

**Two million good deeds** are bestowed  
by Allah as a reward for reciting the following.  
Recite it once a day

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أَحَدًا صَمَدًا  
لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

*Laa ilaaha illallaahu wahdahu laa  
shareekalahu ahadan samdan lam yalid wa  
lam yoolad wa lam yakun lahu kufuwan ahad.*

There is none worthy of worship except Allah.  
He is alone without a partner. He is One,  
Independent, He begetteth not nor was He  
born and there is none like unto Him.

## **Reward equal to as many muslims there are in the world**

Recite 27 times daily:

رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ  
الْحِسَابُ

*Rabbighfirlee wa li waalidayya wa lil  
mumineena yawma yaqoomul hisaab.*

O my Lord forgive me and my parents and the believers on the day when the accounting will be established.

As for reciting the above 27 times daily Allah ﷻ will give recompense equal to the number of Muslims who came and come into existence from the time of the Prophet Adam ﷺ upto the Day of Qiyaamah!

## **The method of acquiring the rank of Martyrdom.**

The person who remembers his death 25 times a day Allah ﷻ will treat his death as that of a

martyr, so recite the following dua daily 25 times:

اللَّهُمَّ بَارِكْ لِي فِي الْمَوْتِ وَفِي مَا بَعْدَ الْمَوْتِ

*Allahumma baaruik lee fil mawt wa fee maa  
b'adal mawt.*

O Allah bless me in death and after death

### **124,000 Rewards**

The Nourisher of the Worlds gives 124 000 good deeds to one who recites this tasbeeh 100 times

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

*Subhaanallahi wa bihamdihi.*

Pure is Allah together with His praise

### **Sayyidul Istighfaar - The Chief of Istighfaar (Repentance)**

It is stated in one narration that if one recites this in the morning and perchance dies till the onset of the night, he will surely go to Paradise

by the order of Allah ﷻ similarly, if one recites it at night and then happens to die till the coming of the dawn, then he will receive the same. The Sayyidul-Istaghfaar is as follows:

اللَّهُمَّ أَنْتَ رَبِّي ، لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا  
عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا  
اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ  
أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي  
فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

*Allahumma anta Rabbee laa ilaaha illaa anta,  
khalaqtanee wa ana 'abduka, wa-ana 'alaa  
'ahdika wawa 'adika mastat'atu, a'oothu  
bika min sharri maa sana'atu, aboo-u-laka  
bini 'imatika 'alayya, wa-aboo-u bidhanbee,  
faghfir lee fa-innahu laa yaghfirudh-dhunooba  
illaa anta.*

O Allah, You are my Lord, none has the right to be worshiped except You, You created me

and I am Your servant and I abide to Your covenant and promise [to honour it] as best I can, I take refuge in You from the evil of which I committed I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.

### ***Good deeds equal to the number of stars in skies and the particles of sand***

Allah Most Magnanimous bestows good deeds equal to the number of stars in the skies, the number of sand-particles and the number of all His creatures, for the one that reads 100 verses of the Qur'aan, while looking in the Qur-aan itself, after the Fajr prayer.

### ***Protection from torture of the grave***

One who reads the **Surah Mulk** and **Surah Sajdah** between Maghrib and 'Isha, it is as if he has kept saying prayers throughout the Night of Power (Laylat al-Qadr) and Allah ﷻ will protect him from the torture of the grave.

### ***All sins pardoned***

One who recites **Surah Yaaseen** daily at night and dies, he or she will die the death of a martyr. All the sins of one who recites this sura to attain Divine Pleasure, are pardoned.

### ***Protection from all worldly misfortunes.***

Anyone who recites the **Surah-al Kaafiroon** at sunrise will be saved from the worldly misfortunes and calamities.

### ***Entry into Paradise after death***

It is stated in a noble hadith that one who recites the Aayatul-Kursi after each obligatory prayer will go straight to Paradise after death.

### ***Expiation for all sins***

Anyone who recites the fourth Kalima below thrice after each obligatory prayer will receive the recompense of 80 years of devotions for each rak'ah, and if one recites it on one's bed, it will be an expiation for all of one's (minor) sins, and if one recites it on waking up in the morning, one will get the recompense of 70 year's of devotions.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ يُحْيِي وَ يُمِيتُ وَ هُوَ حَيٌّ لَا يَمُوتُ  
بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Laa ilaaha illallaahu waḥdahu laa shareekalahu laahul mulku walahul ḥamdu yuhyee wa yumeetu wa Huwa Ḥayyun laa yamootu biyadihil khayr wa huwa 'ala kulli shay-in qadeer.*

There is none worthy of worship except Allah. He is only One. He has no partner. For Him is the Kingdom. And for Him is the Praise and He is the Ever Living who never dies. He gives life and causes death. And He has power over everything.

### ***Invocation during a fatal illness***

One will receive the reward of martyrdom if one recites the following invocation 40 times during one's fatal illness:

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ  
إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*Laa ilaaha illallaahu wallahu Akbar, wa laa hawla wa laa Quwata illaa billaa hil 'Aliyyil 'Azeem*

There is none worthy of worship except Allah and Allah is the Greatest. And there is no Power or Might except with Allah the Most High the Great.

It should in fact be recited in every illness as, who knows, it may be the last illness!

### ***Entry into paradise without suffering any torment***

Any person who commits to memory the holy names of Allah ﷻ will enter Paradise without suffering any kind of torment. The Holy Prophet ﷺ said to Hadrat Juwayriya his pure wife, who was busy in reciting tasbeeh's on her prayer-carpet since the Fajr prayer to the Chasht (forenoon) time:— 'After parting from you I have recited



four Kalimas thrice; if they are weighed against all the recitations of yours today, they will be more weighty. These four Kalima's are as follows:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، عَدَدَ خَلْقِهِ ، وَرِضَا  
نَفْسِهِ ، وَزِنَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ

*Subhaanallaahi wa bihamdihi 'Adada khalqihi  
wa ridaa nafsihi, wa zinata 'arshihi wa  
midaada kalimaatihi.*

Pure is Allah and praise is to Him, by the multitude of his creation, by His Pleasure, by the weight of His Throne, and by the extent of His Words. Recite this tasbeeh 3 times

***Some particular verses that bring great rewards, benefits and protection.***

The last ruku (section) of Surah Baqarah from:

لِلَّهِ مَا فِي السَّمَاوَاتِ to the end of the surah.

From the last ruku of Surah Hashr from

لَوْ أَنْزَلْنَا, to the end of the surah.

From the last ruku of Surah al-Kahf, from

إِنَّ الَّذِينَ آمَنُوا to the end of the surah.

Each of the above should be recited at least once daily.

### ***For a good end***

One who may have reached the last stage of one's life but does not have any good deeds to his/her credit, should keep reciting the holy name of Allah: **الْآخِرُ** - Al-Aakhiru. Allah willing, his end will be good.

### ***Devotions and recitations for Friday***

The reading or recitation of the Surah al-Kahf on Friday will be an expiation for one's sins till the next Friday and a light will shine for the reciter. Similarly, if one recites 100 times the holy name **الْبَاقِي** on Friday all his/her good deeds will be accepted by Allah Most High.

Allah Most High will pardon one who recites

100 times after the Friday prayer.

يَا غَفَّارُ اغْفِرْ لِي ذُنُوبِي

*Yaa Ghaffaaru, ighfirlii dhunoobee*

O Most Forgiving! Forgive my sins

### **80 years of sins forgiven**

If one recites the following durood 80 times on Friday after the 'Asr prayer, without moving from his place of prayer, Allah ﷻ will forgive his/her sins of 80 years.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ نِ النَّبِيِّ

الْأُمِّيِّ وَ عَلَى آلِهِ وَسَلِّمْ تَسْلِيمًا

*Allahumma salli 'alaa Muhammadinin Nabiyyil ummiyyi wa 'alaa aalihi wa sallim tasleemaa*

O Allah, bestow your blessings upon the unlettered Prophet and upon his family and bestow perfect peace

## **Reward of Hajj**

This reward will be attained If one recites the 4th Kalima 40 times in the night of Jumu'ah (From Thursday after Maghrib),

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ يُحْيِي وَ يُمِيتُ وَ هُوَ حَيٌّ لَا  
يَمُوتُ بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ  
قَدِيرٌ

*Laa ilaaha illallaahu wahdahu laa shareekalahu laahul mulku walahul hamdu yuhyee wa yumeetu wa Huwa Hayyun laa yamootu biyadihil khayr wa huwa 'ala kulli shay-in qadeer.*

There is none worthy of worship except Allah. He is only One. He has no partner. For Him is the Kingdom. And for Him is the Praise and He is the Ever Living who never dies. He gives life and causes death. And He has power over everything.

## ***The Ishraaq prayer***

One who, after the Fajr prayer, keeps sitting on the prayer-mat and remains busy in dhikr and then says the Ishraaq prayer will receive the recompense of an accepted Hajj and Umrah.

## ***The merits of different Surah's***

If you recite the Sura-e Zilzaal twice in the day, it is as if you read the entire Qur-aan. and if you read Surah Wal-'Aadiyaat twice, it is as if you have read the holy Qur-aan once more; and the reward of reciting Surah al-Ikhlaas thrice is also equal to that of reading the entire Qur-aan.

## ***Last Request***

Before completing the list of these beneficial recitations I think it necessary to inform the sincere readers that the abovementioned recitations alone should not be considered the means of salvation; but along with them, the following points should also be kept in mind.

1. The discharging of all the religious and other obligations, because one receives the recompense for supererogatory (nafl) devotions only after

discharging the obligatory (fard) devotions, without which the former are meaningless.

2. The discharging of the Rights of Allah and the Rights of the Slaves of Allah.

3. Differentiation between the legitimate (halaal) and the illegitimate (haraam) the permissible (jaa-iz) and the impermissible (na-ja-iz) to know what is required of religious knowledge. Allah ﷻ forgives all the sins of one who becomes a student to acquire religious knowledge and if one dies during one's student days, one is treated as martyr.

4. Refraining from sins, particularly from rancour, envy, malice, enmity, backbiting, lying, and taunting, because all these evil morals eat up (i. e. obliterate) and destroy good deeds. May Allah ﷻ save us from these!

5. To keep searching for those good acts that make divine pardon incumbent (waajib) and to practise them; e.g. (a) to please a Muslim brother, (b) to feed him and to remove his hunger and (c) to remove his affliction.

**Dua.** Now I invoke the Almighty Allah to make us active and practical rather than mere speakers and listeners, and to forgive our sins and trespasses, our slips and lapses, through His infinite mercy and kindness and through the intercession of His Beloved Prophet, Muhammad-e Mustafa ﷺ. Ameen. And peace be on you!

*Here ends the Tausha-e-Aakhirat*

*By Molvi Aiyub Etalvi*

**MADRASSAH FALAHE DARAIN**

*Tadkeshwar, India*



## **Further Daily Devotions**

**To be recied 100 x daily**

Rasulullah ﷺ said, “Two phrases are light on the tongue, heavy on the scales, and beloved to the All Merciful:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ

*SubhaanAllahi wa bi hamdihi subhaanAllahi al-`Azeem.*” [Bukhari] Purity is for Allah and with His praise. Purity is for Allah, the Mighty

Or recite the tasbeeh below 100 times daily between the sunnah and Fard of Fajr salah preferably or before sunrise.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ  
أَسْتَغْفِرُ اللَّهَ

The above tasbeeh is recommended for acquiring halaal sustenance. Recite either of the above.

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَ أَتُوبُ إِلَيْهِ

*Astaghfirullah Rabbi min kulli dhanbin wa atoobu ilayh*

I seek the forgiveness of Allah my Sustainer, from every sin and I turn to Him (100 x after fajr salah or in the early morning)



## **A general Daily Wazifa for Sustenance and Protection**

Begin and end with Durood Shareef thrice.  
Thereafter once each of the following recite.

فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ

*Fallahu khayrun Haafizaw wa Huwa  
Arhamur Raahimeen*

And Allah is the best of protectors and He is  
the Most Merciful of those who show Mercy

وَاللَّهُ خَيْرُ الرَّازِقِينَ

*Wallahu khayrur Raaziqeen*

And Allah is the best of providers

Recite once: Surah Falaq, Surah Naas, Ayat  
al Kursi, the third Kalimah and Surah  
Muzzammil - ( 29 Juz )

الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ

*Alhamdulillah 'alaa kulli haal.*

All praise is for Allah in all circumstances

## Daily Qur-aanic Recitatiions

The Messenger of Allah ﷺ said, “The best amongst you is the one who learns the Qur’an and teaches it.” -Riyadus Saliheen

Daily recite one Juz (para/section) of the Qur-aan al Kareem. If this is difficult then a minimum of 40 Aayaat should be read. Also recite the following :

***Surah Yaseen*** - After Fajr. It will suffice for our needs of the day and all other needs as well.

***Surah Waaqiah*** - *After Maghrib*. It will be a protection against poverty and need.

***Surah Sajdah & Tabaarak*** - After Maghrib/ Esha. They will be a protection from the punishment of the grave.

***Surah Kahf*** - Every Jumuah (Friday). -It will be a protection from the trials and temptations of the world and from the evil of Dajjal and a light will shine from the reciter from one friday to the next and also from him to the K‘abah

## A Beneficial Dua

اللَّهُمَّ لَكَ الْحَمْدُ كُلُّهُ وَلَكَ الشُّكْرُ  
كُلُّهُ وَلَكَ الْمُلْكُ كُلُّهُ ، وَلَكَ الْخَلْقُ  
كُلُّهُ ، بِيَدِكَ الْخَيْرُ كُلُّهُ ، وَ إِلَيْكَ  
يَرْجِعُ الْأَمْرُ كُلُّهُ ، أَسْأَلُكَ الْخَيْرَ كُلُّهُ وَ  
أَعُوذُ بِكَ مِنَ الشَّرِّ كُلِّهِ ، بِسْمِ اللَّهِ الَّذِي  
لَا إِلَهَ غَيْرُهُ . اللَّهُمَّ أَذْهَبْ عَنِّي الْهَمَّ وَالْحُزْنَ  
، اللَّهُمَّ بِحَمْدِكَ انصرفتُ وَبِذَنْبِي اعترفتُ ،  
اللَّهُمَّ إِنِّي أَسْأَلُكَ إِيْمَانًا كَامِلًا ، وَبِقِيْنًا  
صَادِقًا وَرِزْقًا وَاسِعًا ، وَقَلْبًا خَاشِعًا وَلسَانًا  
ذَاكِرًا وَرِزْقًا حَلَالًا طَيِّبًا وَتَوْبَةً نَصُوحًا ،  
وَتَوْبَةً قَبْلَ الْمَوْتِ وَرَاحَةً عِنْدَ الْمَوْتِ ، وَمَغْفِرَةً

وَرَحْمَةً بَعْدَ الْمَوْتِ، وَالْعَفْوَ عِنْدَ الْحِسَابِ،  
 وَالْفَوْزَ بِالْجَنَّةِ وَالنَّجَاةَ مِنَ النَّارِ بِرَحْمَتِكَ  
 يَا عَزِيزُ يَا غَفَّارُ، رَبِّ زِدْنِي عِلْمًا وَالْحَقْنِي  
 بِالصَّالِحِينَ

*Allahumma lakal hamdu kulluhu wa lakash  
 shukru kulluhu wa lakal mulku kulluhu wa  
 lakal khalqu kulluhu biyadikal khayru kulluhu  
 wa ilayka yarji 'ul amru kulluhu. As-alukal  
 khaira kulluhu wa a'oudhu bika minash-sharri  
 kullih, bismillaahil ladhi laa ilaaha ghayruhu.  
 Allaahumma adh-hib 'annil hamma wal huzn.  
 Allahumma bihamdikansaraftu wa bi-dhanbi-  
 i'itaraftu. Allahumma innee as-aluka imaanan  
 kaamilan, wa yaqeenan saadiqan, wa rizqan  
 waasi'an, wa qalban khaashi'an, wa lisaanan  
 dhaakiran, wa halaalan tayyiban, wa towbatan  
 nasoohan, wa towbatan qablal mawti, wa  
 rahmatan 'indal mowti, wa maghfiratan wa  
 rahmatan ba'dal mawti, wal'afwa 'indal hisab,  
 wal fawza bil Jannati wannajaata minan naari*

*birahmatika Yaa 'Azeezu Yaa Ghaffaaru. Rabbi  
zidni 'ilman wa alhiqni bissaalheen.*

O Allah for You is all praise and for You is all thanks and for you is all dominion and for You is all the creation. In Your hands is all goodness and to You returns all affairs. I ask of You for goodness, all of it and I seek Your protection from evil, all of it. With the name of Allah besides whom there is no Deity. O Allah remove from me worry and grief. O Allah with Your praise I dedicate myself and I acknowledge my sins. O Allah surely I ask of you You for complete faith and firm conviction, vast sustenance, a fearful heart, and a remembering tongue, and lawful sustenance, and sincere repentance, and repentance before death, and ease at the time of death and forgiveness and mercy after death and pardon at the time of accounting and success with Jannah and freedom from the Fire with Your Mercy O Mighty O Most Forgiving, My Sustainer increase me in knowledge and join me with the pious.

## Protection of ones Deen, Life , Offspring, Family and Wealth

Hadrat ‘Abdullah bin Mas‘ood رَضِيَ اللهُ عَنْهُ relates that once a bedouin came to Rasulallah ﷺ and said: I swear by Allah that I fear regarding my life, my offspring, family and my wealth. Rasulallah ﷺ said to him: Recite thrice every morning and evening:

بِسْمِ اللَّهِ عَلَى دِينِي وَ نَفْسِي وَوَلَدِي وَأَهْلِي  
وَمَالِي

*Bismillahi ‘alaa Deeni wa nafsi wa waladi wa ahli wa maali.*

With the name of Allah on my Deen, with the name of Allah on my life, with the name of Allah on my children, with the name of Allah on my family, with the name of Allah on my wealth. (Kanzul Ummal)



دعاء أنس بن مالك رضى الله عنه

**DUA OF ANAS BIN MAALIK رَضِيَ اللهُ عَنْهُ  
FOR PROTECTION**

**Taught to him by Rasulallah ﷺ.**

Due to this Dua the tyrant Hajjaaj could not harm Hadrat Anas رَضِيَ اللهُ عَنْهُ in any way.

Dua of Sayyidina Anas bin Malik رَضِيَ اللهُ عَنْهُ

Hajjaaj bin Yusuf once showed Sayyidina Anas bin Maalik رَضِيَ اللهُ عَنْهُ 400 of his best lineage horses and asked “Have you seen such horses?” Hadrat Anas رَضِيَ اللهُ عَنْهُ replied: Hajjaaj! Your horses are nothing, I have seen much better and more valuable things by Rasulallah ﷺ. O Hajjaaj Listen! Rasulallah ﷺ has said: People raise horses for three reasons. The first are those with the intention of only raising them to make Jihād in the path of Allah. This type, are the best and on the Day of Qiyaamah, their bones, blood, flesh, skin, even urine and excreta will be placed in their scale

of good deeds. The second type are those who raise them only so that they may travel on them and acquire ease and comfort in their journey. For such people neither is there reward nor will they be questioned about them. The third group are those who raise them out of pride and arrogance, so that they may boast of their blood-lines and to show off their wealth. This type of raising horses is the worst and the abode of such people will be Jahannam.” O Hajjaaj! Open your ears and listen carefully ! Your horses are also of the third group.”

Upon hearing this Hajjaaj who was a great tyrant became enraged and said ‘O Anas, if the Khalifa Marwaan bin Hakam had not sent you with his letter to me and had you not been in the service of Rasulallah ﷺ which I am honouring, you would have known what I would have done to you’

Hadrat Anas رضى الله عنه immediately exclaimed: ‘O Hajjaaj, you can do nothing to me, so much so that you cannot even look at me with an evil gaze because I am in the protection of those words that Rasulallah ﷺ has shown me.’ Hajjaaj dropped his head for a long time and could not raise his



eyes. After a long time he raised his eyes and with great humblity said: “O Anas show me those words.” Hadrat Anas Radialahu Anhu said: “O Hajjaaj, I will never tell you those words, you are not worthy of it.” Saying this he left but Hajjaj who had martyred many Sahaba رَضِيَ اللهُ عَنْهُمْ could do nothing.

Many years later when the time of Hadrat Anas رَضِيَ اللهُ عَنْهُ death approached, his khaadim Hadrat Ibbaan asked him, “Hadrat! I want to know those words which you did not show to Hajjaaj.” Hadrat Anas رَضِيَ اللهُ عَنْهُ said: O Ibbaan, I served Rasulallah صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ for ten years and Rasulallah صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ left this world in the condition that he was pleased with me. O Ibbaan! You have served me for ten years and now I am leaving this world while I am pleased wit you. Listen! Rasulallah صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ taught me the following words and told me to read them every morning and evening. If you read them in the morning you will be safeguarded till the evening and so too if you read them in the evening you will be safeguarded until the morning:

بِسْمِ اللَّهِ عَلَى نَفْسِي وَ دِينِي ، بِسْمِ اللَّهِ عَلَى  
 أَهْلِي وَ مَالِي وَ وُلْدِي . بِسْمِ اللَّهِ عَلَى مَا أَعْطَانِي  
 اللَّهُ ، اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا ، اللَّهُ أَكْبَرُ  
 اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ ، وَ أَعَزُّ وَ أَجَلُّ  
 وَ أَعْظَمُ مِمَّا أَخَافُ وَ أَحْذَرُ عَزَّ جَارِكُ  
 وَ جَلَّ ثَنَائُكَ ، وَلَا إِلَهَ غَيْرُكَ . اللَّهُمَّ إِنِّي  
 أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَ مِنْ شَرِّ كُلِّ  
 سُلْطَانٍ مَرِيدٍ وَ مِنْ شَرِّ كُلِّ جَبَّارٍ عَنِيدٍ فَقُلْ  
 حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ وَ هُوَ  
 رَبُّ الْعَرْشِ الْعَظِيمِ ، إِنَّ وِلْيَّيَ اللَّهُ الَّذِي نَزَلَ  
 الْكِتَابَ وَ هُوَ يَتَوَلَّى الصَّالِحِينَ

*Bismillahi 'alaa nafsi, Bismillahi 'alaa deeni,  
 Bismillahi alaa ahli wa maali wa waladi,*

*Bismillahi alaa maa a'ataaniyallahu. Allahu Rabbi laa ushriku bihi shay-an, Allahu Akbar, Allahu Akbar, Allahu Akbar, wa a a'zzu wa ajallu wa a'azamu mimmaa akhaafu wa ahdharu, 'azza jaaruka wa jalla thanaa-uka wa laa ilaaha ghayruk. Allahumma innee a'oudhubika min sharri nafsee wa min kulli shaytaanin mareedin wa min kulli jabbaarin 'aneedin, fa-in tawallaww faqul hasbiyallahu laa ilaaha illaa-hu, 'alayhi tawakkaltu wa huwa Rabbur Arshil 'Azeem. Inna waliyyiyallaahul-ladhi nazzalal kitaaba wa huwa yatawallas saaliheen.*

With the name of Allah upon my life, with the name of Allah upon my Deen, with the name of Allah upon my family, wealth (possessions) and children. With the name of Allah upon everything Allah has given me. Allah, My Sustainer, I do not associate any partner with Him in the least. Allah is the Greatest, Allah is the Greatest, Allah is the Greatest, He is Most Honoured, Most Glorified, Most Mighty over what I fear and dread. Mighty is Your patronage, blessed is Your Name, there is no true Deity but You. O Allah, surely I seek

Your protection from my self and from every rebellious ruler and every obstinate tyrant. 'Say, sufficient for me is Allah, there is no deity except him, on Him I have relied, and he is the Sustainer of the Great Throne.' 'Indeed my Protector is Allah Who has sent down the Book; and He befriends the righteous.'

## **Quraanic Aayats for Shifaa (cure) and and for every need and relief from every problem.**

Recite any Durood 3x before and after then recite:

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

وَنُنزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

*Wa nunazzilu mina al-Qur-aani ma huwa shifaa-un wa rahmatun lil-mumineen.*

And We sent down in the Qur-aan such things that have healing and mercy for the believers (al-Isra:17:82)

وَإِذَا مَرَضْتُ فَهُوَ يَشْفِينِ

*Wa idhaa maridtu fahuwa yashfeeni*

And when I am ill, it is He [Allah] who cures me. (ash-Shu'ara: 26:80)

وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

*Rabbighfir Warham Wa Anta Khairur Raahimeen.* ”

My Lord! Forgive and have mercy; for You Are the best of those who show mercy. (Al-Muminoon: 23:118)

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ  
السُّوءَ

*Ammay yujeebul mud-tarra idhaa da'aahu wayakshifus-soo*

Is not He, Who responds to the distressed one, when he calls Him, and Who removes the evil (An-Naml: 27:62)

قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَىٰ إِبْرَاهِيمَ

*Ya naaru kooni bardaw wa salaaman 'ala Ibraheem!* (Al- Anbiya: 21:69)

O Fire be cool and peaceful for Ibrahim!

وَأَيُّوبَ إِذْ نَادَىٰ رَبَّهُ أَنِّي مَسَّنِيَ الضُّرُّ  
وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

*Wa 'Ayyooba 'idh Naadaa Rabbahu anni massani-yad durru wa anta arhamur Raahimeen.*

And (remember) Ayooob, when he cried to his Lord: “Verily, distress has seized me, and You are the Most Merciful of all those who show mercy.” (Al-Anbiya 21:83)

رَبِّي أَنِّي مَغْلُوبٌ فَانْتَصِرْ

*Rabbi inni maghloobun fan-tasir.*

O Allah! I am overpowered, so help me (Al-Qamar 54:10)

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ  
الظَّالِمِينَ

*La illaaha illaa Anta Subhaanaka inni kuntu  
minaz-zalimeen.*

There is no God but You; Glory be to You,  
Truly I have been one of the wrongdoers  
(Al-Anbiya 21:87)

فَاسْتَجَبْنَا لَهُ وَنَجَّيْنَاهُ مِنَ الْغَمِّ وَكَذَلِكَ  
نُنَجِّي الْمُؤْمِنِينَ

*Fastajabna lahu wanajjaynahu minal ghammi  
wakadhaalika nunjil mu'mineen*

So We responded to him and saved him from  
the distress. And thus do We save the believers  
(Al-Anbiya 21:88)

إِنَّ رَبِّي عَلَى كُلِّ شَيْءٍ حَفِيظٌ

*Inna Rabbi 'ala kulli shay'in hafeez*

Indeed my Lord is over all things a Protector.  
(Al-Hud 11:57)

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

*Hasbunallahu wa ni'imal Wakeel*

Allah (Alone) is Sufficient for us, and He is the Best Disposer of affairs (for us).”  
(Aal-Imran: 3:173)

وَتَوَكَّلْ عَلَى اللَّهِ وَكَفَى بِاللَّهِ وَكِيلًا

*Wa tawakkal Alal-lah, wa kafa billahi wakeela*  
And trust in Allah, and Allah is sufficient as a disposer of affairs (Al-Ahzab:33:3)

أَلَيْسَ اللَّهُ بِكَافٍ عَبْدَهُ

*AlaysAllahu Bikaafin 'abdahu*

Is not Allah sufficient for His slave?  
(Az-Zumr :39:36)



فَنِعْمَ الْمَوْلَىٰ وَنِعْمَ النَّصِيرُ

*Fa ni 'imal Mawla wani 'iman naseer.*

And what an excellent Protector and what an excellent Helper. (Al-Haj:22:78)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

*Alhamdu lillaahi Rabbil 'Aalameen*

All praises are for Allah the Sustainer of the worlds (Al-Faatiha:1:2)

نِعْمَ الْمَوْلَىٰ وَنِعْمَ النَّصِيرُ

*Ni 'imal Mawla wani 'iman naseer.*

What an excellent Protector and what an excellent Helper. (Al-Anfal:8:40)

فَتَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ

*Fa TabarakAllahu Ahsanul Khaaliqueen.*

So blessed be Allah, the Best of creators.

(Al-Muminoon: 23:14)

أَنِّي مَسَّنِيَ الضُّرُّ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

*Annee massaniyad durru waanta arhamur  
Rahimeen.*

Affliction has befallen me: but Thou  
art the most Merciful of the merciful!  
(Al-Anbiyaa: 21:83)

يَا أَيُّهَا النَّاسُ قَدْ جَاءَكُمْ مَوْعِظَةٌ مِّن  
رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ  
لِّلْمُؤْمِنِينَ

*Yaa ayyuha an-naasu qad jaa-atkum maw  
'izatun min Rabbikum wa shifaa-un limaa fis  
sudoori wa hudaw wa rahmatun lil-mumineen*

Mankind there has come to you a direction  
from your Lord and a healing for (the diseases)  
in your hearts, and for those who believe a  
guidance and a mercy.” (Yunus: 10:57)

أَنِّي مَغْلُوبٌ فَانْتَصِرْ

*Anni maghloobun fantasir*

Indeed I am overwhelmed, so help me.  
(al-Qamar:54:10)

رَبِّ إِنِّي لِمَا أَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ

*Rabbi inni lima anzalta ilayya min khayrin  
faqir*

My lord, I am in absolute need of the good  
You send me (Qasas: 28:24]

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

*Laa hawla wa laa quwwata illaa billaahil  
'Aaleeul 'Azeem.*

There is no power and no strength except with  
Allah (Hadith)

## Dua for shifaa and for every problem, difficulty or need

Imam Suyooti رحمته الله became very ill and could not get up from his bed. In a dream He saw Rasulullah صلى الله عليه وسلم who said ‘My son, read this dua.’ He read the dua and in the morning he was able to get up from his bed and read a few rak‘ats of tahajjud as well as if he was not sick at all.

بِسْمِ اللَّهِ رَبِّيَ اللَّهُ ، حَسْبِيَ اللَّهُ ، تَوَكَّلْتُ عَلَى  
اللَّهِ ، اِعْتَصَمْتُ بِاللَّهِ ، وَفَوَّضْتُ أَمْرِي إِلَى  
اللَّهِ مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ

*Bismillah, Rabiyyallah, hasbiyallah,  
tawakkaltu ‘alallah ‘ie ‘tasamtu billah, wa  
fawaddtu amri ilallaah, maa shaa Allah, la  
quwwata illa billah*

With the Name of Allah. My Rabb is Allah. Allah is sufficient for me. I put my trust in Allah. I hold fast to Allah. I leave my affairs to Allah. Whatever Allah wills, there is no Strength but Allah’s

## Durood For Shifaa

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ صَلَاةً تَشْفِينَا

*Allahumma salli 'ala sayyidinaa  
Muhammadin salaatan tashfeena*

O Allah send Your special blessings upon our leader Muhammad, such a salaah (durood) that cures us.

## Dua for elimination of grief of both the worlds

Hadrat Abu Darda رضي الله عنه relates that the Rasul of Allah صلى الله عليه said: 'Whoever recites the following 7 times morning and evening, Allah will suffice for him by removing his grief of this world and the hereafter' - (Ruhul Ma'aani)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ  
رَبُّ الْعَرْشِ الْعَظِيمِ ﴿١٢٩﴾

*Hasbiya-Allahu laa ilaaha illaa huwa 'alayhi  
tawakkaltu wahuwa Rabbul 'Arshil 'Azeem*

But if they turn away, [O Muhammad ﷺ], say, “Sufficient for me is Allah; there is no Deity except Him. On Him I have relied, and He is the Lord of the Great Throne.”

## **Duas for abundance of rizq, settling of debts and to attain happiness**

**Benefits:** Protection from all evils, removal of grief, debts and for the attainment of happiness.

تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ ، وَالْحَمْدُ  
لِلَّهِ الَّذِي لَمْ يَتَّخِذْ وَلَدًا وَلَمْ يَكُنْ لَهُ شَرِيكٌ  
فِي الْمُلْكِ ، وَلَمْ يَكُنْ لَهُ وِليٌّ مِنَ الذُّلِّ ،  
وَكَبْرَهُ تَكْبِيرًا

*Tawakkaltu ‘alal hayyil ladhee laa yamootu  
wal hamdu lillaahil ladhee lam yattakhidh  
waladan walam yakullahoo shareekun fil mulki  
walam yakun lahu waliyyun minadh dhulli wa  
kabbirhu takbeeraa*

I have placed my firm trust on the Ever Living who does not die. All praise due to Allah who has not taken a son nor does he have any partner in His Kingdom; and glorify Him in abundance.

اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ،  
وَأَغْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ

*Allahumma-k-finee bihalaa-lika 'an haraamika  
wa aghninee bi fadlika 'am-man siwaak.*

O Allah, provide me sufficient halaal rizq (provisions) and save me from what you have made haraam and make me independent through Your grace from all besides You.

Hadrat Abu Saeed Khudri رضي الله عنه reports that a person came to Rasulallah ﷺ and said: “I have been overcome by worries and debts. Rasulallah ﷺ replied: “Should I not show you such a dua which, if you read it, Allah ﷻ will remove your worries and will fulfill your debts?” The person exclaimed: “Please do tell me.” Rasulallah ﷺ said:

‘Recite this dua morning and evening:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ ،  
وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ ، وَأَعُوذُ  
بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ ، وَأَعُوذُ بِكَ مِنْ  
غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

*Allahumma inni a‘oodhoo bika minal hammi  
walhuzni, wa a‘oodhoo bika minal ‘ajzi wal-  
kasli wa a‘oodhoo bika minal jubni wal bukhli,  
wa a‘oodhoo bika min ghalabatid dayni wa  
qahrir rijaal*

O Allah! I seek refuge in You from grief and worries, and I seek refuge in You from being unable (to do what is required) and laziness and from miserliness and cowardice, and I seek refuge in You from excessive debts and from being overpowered by people. (Mishkaat)’



## Dua for the Protection and preservation of material possessions

Hadrat Abdullah bin 'Umar رضي الله عنه reports that Rasulullah صلى الله عليه وآله said:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ  
وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ  
سَخَطِكَ

*Allahumma inni a'oodhu bika min zawaali ni'matika, wa tahawwuli 'aafiyatika, wa fujaa'ati niqmatika, wa jamee'i sakhatik.*

O Allah! I seek refuge in You from favours being taken away, and I seek refuge in You from my safety being snatched away, as well as from Your sudden punishment and Your every displeasure on my wealth. (Kanzul Ummal)

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Our Lord, accept (this) from us. Indeed You are the All Hearing, the All Knowing.

**Dua:** Now I invoke the Almighty Allah ﷻ to make us active and practical rather than mere speakers and listeners, and to forgive our sins and trespasses, our slips and lapses, through His infinite mercy and kindness and through the intercession of His Beloved Prophet, Muhammad-e Mustafa ﷺ. Ameen. And peace be on you!

By: Molvi Aiyub Etalwi

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